



Complex cases: Narcissism (Day 17)

**6th March 2026
Jo Coggins and Glenys Parry**

09.30 am	Check in / course issues/aims of the day	
09.45 am	Tuning in exercise	Glenys & Jo
10.15 am	Brief overview of theories of Narcissism	Jo
11.00 am	Break	
11.15	The CAT approach to Narcissism	Glenys
12:30 pm	Lunch	
1:30 pm	Clinical case presentation (incorporating 2 exercises)	Jo
2.45 pm	Break	
3.00 pm	Small group work	
3.45 pm	Feedback	
4.15 pm	Close	