



## CAT Training Day 16

5<sup>th</sup> March 2026

### Unmanageable feelings and Risk to Others Jenny Marshall and David Harvey Reading List

Brummer, Cavieres & Tan (2024). *The Oxford Handbook of CAT*. Oxford University Press.

Harvey (2024). The CAT model of trauma: a beginner's guide to the Multiple Self State Model. In Marshall and Kirkland. *Innovative Practice in Forensic Settings*. Pavilion Publishing & Media.

Harvey (2024). CAT informed Leadership: Navigating the emotional and relational pressures of the workplace. In Brummer, Cavieres & Tan. *The Oxford Handbook of CAT*. Oxford University Press.

Manson, Ryan and Lock (2024). CAT within forensic settings part two: clinical applications. In Brummer, Cavieres & Tan. *The Oxford Handbook of CAT*. Oxford University Press.

Marshall and Kirkland (2021). *Reflective Practice in Forensic Settings. A cognitive analytic approach to developing shared thinking*. Pavilion Publishing & Media.

Marshall and Kirkland (2024). *Innovative Practice in Forensic Settings. A cognitive analytic approach to effective relational work*. Pavilion Publishing & Media.

Ramm and Shannon (2024). CAT within forensic settings part one: An overview. In Brummer, Cavieres & Tan. *The Oxford Handbook of CAT*. Oxford University Press.

Shannon (2009). Using what we know: cognitive analytic therapy's contribution to risk assessment and management. *Reformulation* 33 pp16-21

Pollock, Stowell Smith & Gopfert (2006). *Cognitive Analytic Therapy for Offenders: a new approach to forensic psychotherapy*. London, Routledge.